

tress-n-face

TALK

Look like a star on your wedding day, with beautifully-coiffured hair and a glowing face

— LL Bureau

IT'S JUST A few days away from your wedding day. You want to look and feel beautiful. If you're not a regular with spa treatments and facials, this is one time you can indulge yourself, so that you can look your best and enjoy your special day to the fullest. When it comes to pre-wedding pampering, today's bride-to-be has plenty of choices, both for the hair and skin. Here are some of the bride-friendly treatments available to make you look like a million bucks.

A facial is often more rewarding than a massage in terms of results because the glowing skin at the end of the treatment makes it truly worthwhile. The newest technique in the industry that is claiming a spot in many high-end spas and celebrity spa regimes is the diamond facial.

Given the fact that diamonds are a girl's best friend, a diamond facial can only do good. The facial entails the use of a diamond wand that uses diamond crystals to polish the skin and leave it luminous and radiant. Most diamond facials begin by a cleansing of the skin followed by the diamond wand application. Some treatments include a hand or neck massage.

The deep cleansing is followed by a cold facial steam, which negates the abrasiveness of the diamond treatment, and then, gentle extractions. A high-frequency antibiotic treatment is followed by the diamond wand,

